

2012 States Games XC

Age Group Detail

June 23, 2012

Expert

Female 99 and under

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	MARNIE TENCATE	495	F/46	4		9.12MPH	20.000	2:11:39.9
				Lap 1	32:25.4	9.25MPH	5.000	32:25.4
				Lap 2	32:29.2	9.24MPH	10.000	1:04:54.6
				Lap 3	33:22.4	8.99MPH	15.000	1:38:17.0
				Lap 4	33:22.9	8.99MPH	20.000	2:11:39.9

Male 29 and under

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	CJ ANTEN	352	M/22	4		12.2MPH	20.000	1:38:42.1
				Lap 1	24:48.6	12.1MPH	5.000	24:48.6
				Lap 2	24:40.6	12.2MPH	10.000	49:29.2
				Lap 3	25:08.6	11.9MPH	15.000	1:14:37.8
				Lap 4	24:04.3	12.5MPH	20.000	1:38:42.1
2	JEREMY KAREL	349	M/29	4		12.1MPH	20.000	1:38:59.3
				Lap 1	24:48.1	12.1MPH	5.000	24:48.1
				Lap 2	24:41.2	12.2MPH	10.000	49:29.3

				Lap 3	25:08.8	11.9MPH	15.000	1:14:38.1
				Lap 4	24:21.2	12.3MPH	20.000	1:38:59.3
3	LOGAN TAYLOR	530	M/18	4		11.9MPH	20.000	1:40:44.2
				Lap 1	24:46.0	12.1MPH	5.000	24:46.0
				Lap 2	24:45.4	12.1MPH	10.000	49:31.4
				Lap 3	25:11.2	11.9MPH	15.000	1:14:42.6
				Lap 4	26:01.6	11.5MPH	20.000	1:40:44.2
4	CHEYENNE SMITH	348	M/29	4		11.7MPH	20.000	1:42:27.2
				Lap 1	24:49.7	12.1MPH	5.000	24:49.7
				Lap 2	25:19.0	11.8MPH	10.000	50:08.7
				Lap 3	25:49.9	11.6MPH	15.000	1:15:58.6
				Lap 4	26:28.6	11.3MPH	20.000	1:42:27.2
5	WES SOVIS	353	M/24	4		11.1MPH	20.000	1:47:42.3
				Lap 1	26:42.0	11.2MPH	5.000	26:42.0
				Lap 2	26:21.4	11.4MPH	10.000	53:03.4
				Lap 3	26:56.7	11.1MPH	15.000	1:20:00.1
				Lap 4	27:42.2	10.8MPH	20.000	1:47:42.3
6	GRANT FLEWELLING	347	M/27	4		10.9MPH	20.000	1:49:37.5
				Lap 1	25:48.3	11.6MPH	5.000	25:48.3
				Lap 2	27:35.7	10.9MPH	10.000	53:24.0
				Lap 3	29:10.7	10.3MPH	15.000	1:22:34.7
				Lap 4	27:02.8	11.1MPH	20.000	1:49:37.5
7	BRAD MACKENZIE	354	M/28	4		10.7MPH	20.000	1:52:17.0
				Lap 1	26:48.2	11.2MPH	5.000	26:48.2
				Lap 2	27:58.7	10.7MPH	10.000	54:46.9
				Lap 3	28:31.9	10.5MPH	15.000	1:23:18.8
				Lap 4	28:58.2	10.4MPH	20.000	1:52:17.0
8	CODY SOVIS	498	M/24	3		11.3MPH	15.000	1:19:45.8
				Lap 1	25:47.3	11.6MPH	5.000	25:47.3
				Lap 2	26:41.7	11.2MPH	10.000	52:29.0
				Lap 3	27:16.8	11.0MPH	15.000	1:19:45.8

9	STEPHEN BARNES	351	M/21	3	7.88MPH	15.000	1:54:16.9
				Lap 1	26:49.4	11.2MPH	5.000 26:49.4
				Lap 2	29:11.0	10.3MPH	10.000 56:00.4
				Lap 3	58:16.5	5.15MPH	15.000 1:54:16.9

Male 30 to 39

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	JASON BOWNE	318	M/37	4		12.3MPH	20.000	1:37:52.0
				Lap 1	23:48.2	12.6MPH	5.000 23:48.2	
				Lap 2	24:41.6	12.2MPH	10.000 48:29.8	
				Lap 3	25:07.4	11.9MPH	15.000 1:13:37.2	
				Lap 4	24:14.8	12.4MPH	20.000 1:37:52.0	
2	ERIC FORRESTER	512	M/38	4		12.1MPH	20.000	1:38:56.1
				Lap 1	24:21.3	12.3MPH	5.000 24:21.3	
				Lap 2	24:46.5	12.1MPH	10.000 49:07.8	
				Lap 3	25:01.4	12.0MPH	15.000 1:14:09.2	
				Lap 4	24:46.9	12.1MPH	20.000 1:38:56.1	
3	DAN MCGRAW	324	M/33	4		12.1MPH	20.000	1:38:56.2
				Lap 1	23:48.9	12.6MPH	5.000 23:48.9	
				Lap 2	24:40.2	12.2MPH	10.000 48:29.1	
				Lap 3	25:08.0	11.9MPH	15.000 1:13:37.1	
				Lap 4	25:19.1	11.8MPH	20.000 1:38:56.2	
4	MIKE MCAVOY	313	M/35	4		12.0MPH	20.000	1:40:05.4
				Lap 1	24:04.0	12.5MPH	5.000 24:04.0	
				Lap 2	25:08.2	11.9MPH	10.000 49:12.2	
				Lap 3	25:19.4	11.8MPH	15.000 1:14:31.6	
				Lap 4	25:33.8	11.7MPH	20.000 1:40:05.4	
5	TODD FREIDINGER	519	M/31	4		11.9MPH	20.000	1:40:51.1
				Lap 1	24:40.3	12.2MPH	5.000 24:40.3	
				Lap 2	25:07.4	11.9MPH	10.000 49:47.7	

				Lap 3	25:21.0	11.8MPH	15.000	1:15:08.7
				Lap 4	25:42.4	11.7MPH	20.000	1:40:51.1
6	ERIC PATTERSON	526	M/30	4		11.8MPH	20.000	1:41:31.7
				Lap 1	24:39.9	12.2MPH	5.000	24:39.9
				Lap 2	25:38.6	11.7MPH	10.000	50:18.5
				Lap 3	25:16.7	11.9MPH	15.000	1:15:35.2
				Lap 4	25:56.5	11.6MPH	20.000	1:41:31.7
7	JOE SLONECKI	527	M/30	4		11.7MPH	20.000	1:42:38.3
				Lap 1	24:33.2	12.2MPH	5.000	24:33.2
				Lap 2	25:35.0	11.7MPH	10.000	50:08.2
				Lap 3	25:59.2	11.5MPH	15.000	1:16:07.4
				Lap 4	26:30.9	11.3MPH	20.000	1:42:38.3
8	JUSTIN HAM	319	M/38	4		11.7MPH	20.000	1:42:52.9
				Lap 1	25:18.2	11.9MPH	5.000	25:18.2
				Lap 2	25:49.6	11.6MPH	10.000	51:07.8
				Lap 3	25:54.8	11.6MPH	15.000	1:17:02.6
				Lap 4	25:50.3	11.6MPH	20.000	1:42:52.9
9	ADAM SWANN	325	M/33	4		11.7MPH	20.000	1:42:58.1
				Lap 1	25:12.1	11.9MPH	5.000	25:12.1
				Lap 2	25:50.1	11.6MPH	10.000	51:02.2
				Lap 3	25:54.7	11.6MPH	15.000	1:16:56.9
				Lap 4	26:01.2	11.5MPH	20.000	1:42:58.1
10	BRIAN HARRIS	322	M/39	4		11.4MPH	20.000	1:45:32.0
				Lap 1	24:02.3	12.5MPH	5.000	24:02.3
				Lap 2	25:45.5	11.7MPH	10.000	49:47.8
				Lap 3	27:01.8	11.1MPH	15.000	1:16:49.6
				Lap 4	28:42.4	10.5MPH	20.000	1:45:32.0
11	MATT REMELTS	314	M/37	4		11.4MPH	20.000	1:45:40.0
				Lap 1	25:00.6	12.0MPH	5.000	25:00.6
				Lap 2	26:04.1	11.5MPH	10.000	51:04.7
				Lap 3	26:40.1	11.3MPH	15.000	1:17:44.8
				Lap 4	27:55.2	10.7MPH	20.000	1:45:40.0

12	PETER GREAVES	522	M/39	4	11.4MPH	20.000	1:45:40.6	
				Lap 1	25:51.2	11.6MPH	5.000	25:51.2
				Lap 2	26:26.4	11.3MPH	10.000	52:17.6
				Lap 3	26:50.2	11.2MPH	15.000	1:19:07.8
				Lap 4	26:32.8	11.3MPH	20.000	1:45:40.6
13	SCOTT THENIKL	516	M/38	4	11.0MPH	20.000	1:49:09.5	
				Lap 1	25:49.6	11.6MPH	5.000	25:49.6
				Lap 2	27:07.6	11.1MPH	10.000	52:57.2
				Lap 3	27:42.3	10.8MPH	15.000	1:20:39.5
				Lap 4	28:30.0	10.5MPH	20.000	1:49:09.5
14	JER WALKER	321	M/37	4	10.7MPH	20.000	1:52:20.1	
				Lap 1	26:37.6	11.3MPH	5.000	26:37.6
				Lap 2	28:35.5	10.5MPH	10.000	55:13.1
				Lap 3	27:38.6	10.9MPH	15.000	1:22:51.7
				Lap 4	29:28.4	10.2MPH	20.000	1:52:20.1
15	BRYAN VANDERARK	323	M/38	4	10.1MPH	20.000	1:58:17.5	
				Lap 1	28:23.0	10.6MPH	5.000	28:23.0
				Lap 2	29:33.0	10.2MPH	10.000	57:56.0
				Lap 3	30:32.7	9.83MPH	15.000	1:28:28.7
				Lap 4	29:48.8	10.1MPH	20.000	1:58:17.5
16	CURTIS PROHASKA	315	M/32	3	8.56MPH	15.000	1:45:08.2	
				Lap 1	51:25.9	5.83MPH	5.000	51:25.9
				Lap 2	26:40.7	11.3MPH	10.000	1:18:06.6
				Lap 3	27:01.6	11.1MPH	15.000	1:45:08.2
17	JOSHUA HOGETERP	326	M/34	2	11.2MPH	10.000	53:22.4	
				Lap 1	26:53.8	11.2MPH	5.000	26:53.8
				Lap 2	26:28.6	11.3MPH	10.000	53:22.4
18	JEREMEY MERZ	327	M/30	1	11.9MPH	5.000	25:09.0	
				Lap 1	25:09.0	11.9MPH	5.000	25:09.0

Male 40 to 49

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	PAUL DUNN	340	M/43	4		12.3MPH	20.000	1:37:32.0
				Lap 1	24:10.4	12.4MPH	5.000	24:10.4
				Lap 2	24:41.5	12.2MPH	10.000	48:51.9
				Lap 3	24:08.3	12.4MPH	15.000	1:13:00.2
				Lap 4	24:31.8	12.2MPH	20.000	1:37:32.0
2	SCOTT PRUSKI	337	M/42	4		12.2MPH	20.000	1:38:21.3
				Lap 1	24:10.5	12.4MPH	5.000	24:10.5
				Lap 2	24:40.9	12.2MPH	10.000	48:51.4
				Lap 3	24:28.7	12.3MPH	15.000	1:13:20.1
				Lap 4	25:01.2	12.0MPH	20.000	1:38:21.3
3	DON HACKNEY	332	M/40	4		12.1MPH	20.000	1:39:19.4
				Lap 1	25:39.0	11.7MPH	5.000	25:39.0
				Lap 2	24:10.0	12.4MPH	10.000	49:49.0
				Lap 3	24:44.2	12.1MPH	15.000	1:14:33.2
				Lap 4	24:46.2	12.1MPH	20.000	1:39:19.4
4	MARK SPORE	334	M/44	4		11.7MPH	20.000	1:42:22.9
				Lap 1	24:15.2	12.4MPH	5.000	24:15.2
				Lap 2	25:51.8	11.6MPH	10.000	50:07.0
				Lap 3	25:53.0	11.6MPH	15.000	1:16:00.0
				Lap 4	26:22.9	11.4MPH	20.000	1:42:22.9
5	STEVE HAAKENSEN	338	M/43	4		11.7MPH	20.000	1:42:50.0
				Lap 1	24:58.9	12.0MPH	5.000	24:58.9
				Lap 2	24:50.1	12.1MPH	10.000	49:49.0
				Lap 3	27:08.2	11.1MPH	15.000	1:16:57.2
				Lap 4	25:52.8	11.6MPH	20.000	1:42:50.0
6	WADE BARNALL	497	M/46	4		11.6MPH	20.000	1:43:22.1
				Lap 1	25:10.1	11.9MPH	5.000	25:10.1

				Lap 2	26:07.6	11.5MPH	10.000	51:17.7
				Lap 3	26:17.2	11.4MPH	15.000	1:17:34.9
				Lap 4	25:47.2	11.6MPH	20.000	1:43:22.1
7	SCOTT TENCATE	335	M/47	4	11.5MPH	20.000	1:44:40.2	
				Lap 1	25:06.3	12.0MPH	5.000	25:06.3
				Lap 2	26:19.0	11.4MPH	10.000	51:25.3
				Lap 3	26:44.8	11.2MPH	15.000	1:18:10.1
				Lap 4	26:30.1	11.3MPH	20.000	1:44:40.2
8	ARIC DERSHEM	514	M/43	4	11.4MPH	20.000	1:45:13.7	
				Lap 1	25:40.8	11.7MPH	5.000	25:40.8
				Lap 2	26:26.5	11.3MPH	10.000	52:07.3
				Lap 3	26:37.1	11.3MPH	15.000	1:18:44.4
				Lap 4	26:29.3	11.3MPH	20.000	1:45:13.7
9	STEVE WOJTON	328	M/44	4	11.1MPH	20.000	1:47:55.1	
				Lap 1	25:41.2	11.7MPH	5.000	25:41.2
				Lap 2	28:02.8	10.7MPH	10.000	53:44.0
				Lap 3	26:54.5	11.2MPH	15.000	1:20:38.5
				Lap 4	27:16.6	11.0MPH	20.000	1:47:55.1
10	CHRIS MALTBY	513	M/40	4	10.9MPH	20.000	1:50:17.1	
				Lap 1	26:04.9	11.5MPH	5.000	26:04.9
				Lap 2	27:31.8	10.9MPH	10.000	53:36.7
				Lap 3	28:03.3	10.7MPH	15.000	1:21:40.0
				Lap 4	28:37.1	10.5MPH	20.000	1:50:17.1
11	DAVID ECHELBARGER	336	M/46	4	10.7MPH	20.000	1:52:22.9	
				Lap 1	28:31.6	10.5MPH	5.000	28:31.6
				Lap 2	27:46.5	10.8MPH	10.000	56:18.1
				Lap 3	28:01.1	10.7MPH	15.000	1:24:19.2
				Lap 4	28:03.7	10.7MPH	20.000	1:52:22.9
12	ROB MITZEL	341	M/42	4	10.7MPH	20.000	1:52:25.0	
				Lap 1	27:41.5	10.8MPH	5.000	27:41.5
				Lap 2	28:09.3	10.7MPH	10.000	55:50.8
				Lap 3	28:43.1	10.4MPH	15.000	1:24:33.9

				Lap 4	27:51.1	10.8MPH	20.000	1:52:25.0
13	CHRIS PUTTI	330	M/45	4	10.6MPH	20.000	1:53:37.1	
				Lap 1	26:53.2	11.2MPH	5.000	26:53.2
				Lap 2	28:37.3	10.5MPH	10.000	55:30.5
				Lap 3	28:54.1	10.4MPH	15.000	1:24:24.6
				Lap 4	29:12.5	10.3MPH	20.000	1:53:37.1
14	SCOTT CHAMBERS	499	M/41	4	10.5MPH	20.000	1:54:14.3	
				Lap 1	26:03.9	11.5MPH	5.000	26:03.9
				Lap 2	27:54.7	10.8MPH	10.000	53:58.6
				Lap 3	28:23.6	10.6MPH	15.000	1:22:22.2
				Lap 4	31:52.1	9.41MPH	20.000	1:54:14.3
15	DENNIS JENSEN	339	M/45	4	10.4MPH	20.000	1:54:58.9	
				Lap 1	27:08.3	11.1MPH	5.000	27:08.3
				Lap 2	28:35.7	10.5MPH	10.000	55:44.0
				Lap 3	26:00.0	11.5MPH	15.000	1:21:44.0
				Lap 4	33:14.9	9.03MPH	20.000	1:54:58.9
16	GREG MAYNARD	496	M/43	4	10.0MPH	20.000	1:59:29.3	
				Lap 1	28:13.9	10.6MPH	5.000	28:13.9
				Lap 2	30:25.6	9.86MPH	10.000	58:39.5
				Lap 3	30:15.8	9.92MPH	15.000	1:28:55.3
				Lap 4	30:34.0	9.81MPH	20.000	1:59:29.3
17	KRISTOPHER OUVRY	331	M/49	4	9.62MPH	20.000	2:04:42.3	
				Lap 1	30:50.2	9.73MPH	5.000	30:50.2
				Lap 2	32:02.3	9.37MPH	10.000	1:02:52.5
				Lap 3	31:34.0	9.50MPH	15.000	1:34:26.5
				Lap 4	30:15.8	9.92MPH	20.000	2:04:42.3
18	SCOTT LUCA	518	M/46	2	7.79MPH	10.000	1:17:03.2	
				Lap 1	50:56.9	5.89MPH	5.000	50:56.9
				Lap 2	26:06.3	11.5MPH	10.000	1:17:03.2

Male 50 and over

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	JEFF FABER	342	M/52	4		11.7MPH	20.000	1:42:29.3
				Lap 1	25:27.4	11.8MPH	5.000	25:27.4
				Lap 2	26:33.9	11.3MPH	10.000	52:01.3
				Lap 3	25:12.6	11.9MPH	15.000	1:17:13.9
				Lap 4	25:15.4	11.9MPH	20.000	1:42:29.3
2	DAVID COAR	345	M/56	4		11.6MPH	20.000	1:43:23.6
				Lap 1	25:27.7	11.8MPH	5.000	25:27.7
				Lap 2	26:34.6	11.3MPH	10.000	52:02.3
				Lap 3	25:12.0	11.9MPH	15.000	1:17:14.3
				Lap 4	26:09.3	11.5MPH	20.000	1:43:23.6
3	TIM CURTIS	343	M/53	4		11.1MPH	20.000	1:48:04.6
				Lap 1	25:26.4	11.8MPH	5.000	25:26.4
				Lap 2	26:35.9	11.3MPH	10.000	52:02.3
				Lap 3	27:33.5	10.9MPH	15.000	1:19:35.8
				Lap 4	28:28.8	10.5MPH	20.000	1:48:04.6
4	SCOTT STEMER	517	M/51	4		10.7MPH	20.000	1:52:35.2
				Lap 1	26:51.6	11.2MPH	5.000	26:51.6
				Lap 2	28:24.6	10.6MPH	10.000	55:16.2
				Lap 3	28:53.5	10.4MPH	15.000	1:24:09.7
				Lap 4	28:25.5	10.6MPH	20.000	1:52:35.2
5	PAUL POPIELAZZ	505	M/55	4		10.5MPH	20.000	1:54:24.0
				Lap 1	27:31.4	10.9MPH	5.000	27:31.4
				Lap 2	28:27.2	10.5MPH	10.000	55:58.6
				Lap 3	28:48.5	10.4MPH	15.000	1:24:47.1
				Lap 4	29:36.9	10.1MPH	20.000	1:54:24.0
6	RICK PLITE	523	M/53	4		10.3MPH	20.000	1:57:01.7
				Lap 1	27:39.2	10.8MPH	5.000	27:39.2

Lap 2	29:29.6	10.2MPH	10.000	57:08.8
Lap 3	30:10.2	9.9MPH	15.000	1:27:19.0
Lap 4	29:42.7	10.1MPH	20.000	1:57:01.7

7	FRANK ROTH	344	M/50	4	9.70MPH	20.000	2:03:44.7
----------	-------------------	------------	-------------	----------	----------------	---------------	------------------

Lap 1	29:51.9	10.1MPH	5.000	29:51.9
Lap 2	31:23.1	9.56MPH	10.000	1:01:15.0
Lap 3	32:03.7	9.36MPH	15.000	1:33:18.7
Lap 4	30:26.0	9.86MPH	20.000	2:03:44.7

8	DENNIS MURPHY	346	M/53	4	9.62MPH	20.000	2:04:48.7
----------	----------------------	------------	-------------	----------	----------------	---------------	------------------

Lap 1	29:15.1	10.3MPH	5.000	29:15.1
Lap 2	31:12.8	9.62MPH	10.000	1:00:27.9
Lap 3	31:57.9	9.39MPH	15.000	1:32:25.8
Lap 4	32:22.9	9.27MPH	20.000	2:04:48.7

2012 States Games XC

Age Group Detail

June 23, 2012

Elite

Female Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	DANIELLE MUSTO	309	F/35	5		10.6MPH	25.000	2:21:22.3
				Lap 1	27:03.0	11.1MPH	5.000	27:03.0
				Lap 2	28:21.2	10.6MPH	10.000	55:24.2
				Lap 3	28:10.8	10.7MPH	15.000	1:23:35.0
				Lap 4	28:47.4	10.4MPH	20.000	1:52:22.4
				Lap 5	28:59.9	10.4MPH	25.000	2:21:22.3
2	ANTONIA MUSTO	311	F/22	5		9.48MPH	25.000	2:38:14.7
				Lap 1	30:34.4	9.81MPH	5.000	30:34.4
				Lap 2	31:19.5	9.58MPH	10.000	1:01:53.9
				Lap 3	31:30.3	9.52MPH	15.000	1:33:24.2
				Lap 4	32:14.0	9.31MPH	20.000	2:05:38.2
				Lap 5	32:36.5	9.20MPH	25.000	2:38:14.7
3	JILL MEREDITH	310	F/42	5		9.26MPH	25.000	2:41:54.7
				Lap 1	31:58.6	9.38MPH	5.000	31:58.6
				Lap 2	32:23.8	9.26MPH	10.000	1:04:22.4
				Lap 3	32:13.9	9.31MPH	15.000	1:36:36.3
				Lap 4	32:33.7	9.22MPH	20.000	2:09:10.0
				Lap 5	32:44.7	9.16MPH	25.000	2:41:54.7

Male Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KYLE STANGE	306	M/22	5		13.0MPH	25.000	1:55:11.9
				Lap 1	22:35.1	13.3MPH	5.000	22:35.1
				Lap 2	23:00.8	13.0MPH	10.000	45:35.9
				Lap 3	22:53.3	13.1MPH	15.000	1:08:29.2
				Lap 4	23:22.9	12.8MPH	20.000	1:31:52.1
				Lap 5	23:19.8	12.9MPH	25.000	1:55:11.9
2	EARL HILLAKER	305	M/27	5		13.0MPH	25.000	1:55:12.3
				Lap 1	22:37.0	13.3MPH	5.000	22:37.0
				Lap 2	23:01.5	13.0MPH	10.000	45:38.5
				Lap 3	22:52.5	13.1MPH	15.000	1:08:31.0
				Lap 4	23:22.2	12.8MPH	20.000	1:31:53.2
				Lap 5	23:19.1	12.9MPH	25.000	1:55:12.3
3	NIEL SCHARPHORN	303	M/47	5		12.7MPH	25.000	1:58:15.2
				Lap 1	22:35.8	13.3MPH	5.000	22:35.8
				Lap 2	23:18.1	12.9MPH	10.000	45:53.9
				Lap 3	23:24.9	12.8MPH	15.000	1:09:18.8
				Lap 4	24:10.3	12.4MPH	20.000	1:33:29.1
				Lap 5	24:46.1	12.1MPH	25.000	1:58:15.2
4	DAN KORYNCK	503	M/40	5		12.5MPH	25.000	1:59:46.1
				Lap 1	23:01.7	13.0MPH	5.000	23:01.7
				Lap 2	24:08.5	12.4MPH	10.000	47:10.2
				Lap 3	24:22.0	12.3MPH	15.000	1:11:32.2
				Lap 4	24:00.0	12.5MPH	20.000	1:35:32.2
				Lap 5	24:13.9	12.4MPH	25.000	1:59:46.1
5	SHAWN DAVISON	511	M/33	5		12.5MPH	25.000	1:59:59.3
				Lap 1	22:44.2	13.2MPH	5.000	22:44.2
				Lap 2	23:56.4	12.5MPH	10.000	46:40.6

				Lap 3	24:26.4	12.3MPH	15.000	1:11:07.0
				Lap 4	24:25.3	12.3MPH	20.000	1:35:32.3
				Lap 5	24:27.0	12.3MPH	25.000	1:59:59.3
6	JEFF HANEY	510	M/48	5		12.2MPH	25.000	2:03:12.3
				Lap 1	23:34.7	12.7MPH	5.000	23:34.7
				Lap 2	24:47.6	12.1MPH	10.000	48:22.3
				Lap 3	25:06.5	12.0MPH	15.000	1:13:28.8
				Lap 4	24:36.5	12.2MPH	20.000	1:38:05.3
				Lap 5	25:07.0	11.9MPH	25.000	2:03:12.3
7	BILL GALLAGHER	528	M/31	5		12.0MPH	25.000	2:05:00.0
				Lap 1	23:34.5	12.7MPH	5.000	23:34.5
				Lap 2	25:07.4	11.9MPH	10.000	48:41.9
				Lap 3	24:45.3	12.1MPH	15.000	1:13:27.2
				Lap 4	25:25.0	11.8MPH	20.000	1:38:52.2
				Lap 5	26:07.8	11.5MPH	25.000	2:05:00.0
8	JEFF JACOBI	307	M/36	5		11.7MPH	25.000	2:07:47.1
				Lap 1	23:02.6	13.0MPH	5.000	23:02.6
				Lap 2	24:49.0	12.1MPH	10.000	47:51.6
				Lap 3	25:07.1	11.9MPH	15.000	1:12:58.7
				Lap 4	24:52.0	12.1MPH	20.000	1:37:50.7
				Lap 5	29:56.4	10.0MPH	25.000	2:07:47.1
9	DOUG CRYSLER	304	M/43	5		11.2MPH	25.000	2:14:09.4
				Lap 1	25:15.2	11.9MPH	5.000	25:15.2
				Lap 2	26:20.5	11.4MPH	10.000	51:35.7
				Lap 3	27:11.0	11.0MPH	15.000	1:18:46.7
				Lap 4	27:21.2	11.0MPH	20.000	1:46:07.9
				Lap 5	28:01.5	10.7MPH	25.000	2:14:09.4
10	CHAD WELLS	308	M/30	3		12.1MPH	15.000	1:14:21.1
				Lap 1	24:16.5	12.4MPH	5.000	24:16.5
				Lap 2	24:26.2	12.3MPH	10.000	48:42.7
				Lap 3	25:38.4	11.7MPH	15.000	1:14:21.1
11	STEVE BARTZEN	509	M/30	1		11.3MPH	5.000	26:29.3

Lap 1 26:29.3 11.3MPH 5.000 26:29.3

2012 States Games XC

Age Group Detail

June 23, 2012

SS Elite/Expert

Male Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	CRAIG GIETZEN	501	M/48	4		12.0MPH	20.000	1:39:53.6
				Lap 1	24:36.0	12.2MPH	5.000	24:36.0
				Lap 2	24:39.3	12.2MPH	10.000	49:15.3
				Lap 3	25:14.7	11.9MPH	15.000	1:14:30.0
				Lap 4	25:23.6	11.8MPH	20.000	1:39:53.6
2	GABE NIEHOF	515	M/35	4		12.0MPH	20.000	1:39:54.2
				Lap 1	24:37.2	12.2MPH	5.000	24:37.2
				Lap 2	24:39.1	12.2MPH	10.000	49:16.3
				Lap 3	25:14.1	11.9MPH	15.000	1:14:30.4
				Lap 4	25:23.8	11.8MPH	20.000	1:39:54.2
3	STEVEN LEDOUCEUR	520	M/23	4		11.9MPH	20.000	1:40:34.0
				Lap 1	24:39.2	12.2MPH	5.000	24:39.2
				Lap 2	25:14.9	11.9MPH	10.000	49:54.1
				Lap 3	25:19.0	11.8MPH	15.000	1:15:13.1
				Lap 4	25:20.9	11.8MPH	20.000	1:40:34.0
4	JACOB MARSHALL	531	M/26	4		11.9MPH	20.000	1:41:01.3
				Lap 1	24:53.6	12.1MPH	5.000	24:53.6

				Lap 2	26:05.2	11.5MPH	10.000	50:58.8
				Lap 3	25:00.2	12.0MPH	15.000	1:15:59.0
				Lap 4	25:02.3	12.0MPH	20.000	1:41:01.3
5	RYAN OLTHOUSE	379	M/34	4	11.7MPH	20.000	1:42:10.1	
				Lap 1	24:41.1	12.2MPH	5.000	24:41.1
				Lap 2	26:18.8	11.4MPH	10.000	50:59.9
				Lap 3	25:12.6	11.9MPH	15.000	1:16:12.5
				Lap 4	25:57.6	11.6MPH	20.000	1:42:10.1
6	JAMES GOMEZ	508	M/45	4	11.7MPH	20.000	1:42:55.1	
				Lap 1	24:41.6	12.2MPH	5.000	24:41.6
				Lap 2	25:29.5	11.8MPH	10.000	50:11.1
				Lap 3	26:02.5	11.5MPH	15.000	1:16:13.6
				Lap 4	26:41.5	11.2MPH	20.000	1:42:55.1
7	DAVE DEMAAGD	521	M/40	4	11.6MPH	20.000	1:43:46.3	
				Lap 1	24:39.7	12.2MPH	5.000	24:39.7
				Lap 2	26:21.7	11.4MPH	10.000	51:01.4
				Lap 3	26:18.0	11.4MPH	15.000	1:17:19.4
				Lap 4	26:26.9	11.3MPH	20.000	1:43:46.3
8	TODD RILLEMA	377	M/46	4	11.5MPH	20.000	1:44:27.1	
				Lap 1	25:07.9	11.9MPH	5.000	25:07.9
				Lap 2	26:22.4	11.4MPH	10.000	51:30.3
				Lap 3	26:12.5	11.5MPH	15.000	1:17:42.8
				Lap 4	26:44.3	11.2MPH	20.000	1:44:27.1
9	MIKE BERNHARD	374	M/35	4	11.4MPH	20.000	1:45:40.6	
				Lap 1	25:48.9	11.6MPH	5.000	25:48.9
				Lap 2	26:58.1	11.1MPH	10.000	52:47.0
				Lap 3	26:29.2	11.3MPH	15.000	1:19:16.2
				Lap 4	26:24.4	11.4MPH	20.000	1:45:40.6
10	TOM STOLZ	378	M/37	4	11.1MPH	20.000	1:48:32.2	
				Lap 1	25:51.2	11.6MPH	5.000	25:51.2
				Lap 2	28:28.0	10.5MPH	10.000	54:19.2
				Lap 3	27:02.8	11.1MPH	15.000	1:21:22.0

				Lap 4	27:10.2	11.0MPH	20.000	1:48:32.2
11	RYAN FLESHER	500	M/37	4		11.0MPH	20.000	1:48:36.3
				Lap 1	26:26.3	11.3MPH	5.000	26:26.3
				Lap 2	27:54.1	10.8MPH	10.000	54:20.4
				Lap 3	26:56.6	11.1MPH	15.000	1:21:17.0
				Lap 4	27:19.3	11.0MPH	20.000	1:48:36.3
12	BRUCE SNELLER	375	M/37	4		10.9MPH	20.000	1:49:49.2
				Lap 1	25:53.0	11.6MPH	5.000	25:53.0
				Lap 2	28:28.3	10.5MPH	10.000	54:21.3
				Lap 3	28:31.7	10.5MPH	15.000	1:22:53.0
				Lap 4	26:56.2	11.1MPH	20.000	1:49:49.2
13	TERRY SENSIBA	502	M/47	3		11.8MPH	15.000	1:16:28.0
				Lap 1	24:35.6	12.2MPH	5.000	24:35.6
				Lap 2	27:16.9	11.0MPH	10.000	51:52.5
				Lap 3	24:35.5	12.2MPH	15.000	1:16:28.0

2012 States Games XC

Age Group Detail

June 23, 2012

Tandem

Male Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	BRIAN KRAUSE	492	M/36	3		8.54MPH	15.000	1:45:23.2
				Lap 1	31:52.7	9.41MPH	5.000	31:52.7
				Lap 2	36:37.1	8.19MPH	10.000	1:08:29.8
				Lap 3	36:53.4	8.13MPH	15.000	1:45:23.2
2	JASON SMITH	493	M/30	3		7.93MPH	15.000	1:53:26.1
				Lap 1	43:32.2	6.89MPH	5.000	43:32.2
				Lap 2	35:16.4	8.51MPH	10.000	1:18:48.6
				Lap 3	34:37.5	8.67MPH	15.000	1:53:26.1
3	DAVE STAUBLIN	491	M/48	3		7.56MPH	15.000	1:59:03.1
				Lap 1	38:32.0	7.79MPH	5.000	38:32.0
				Lap 2	40:34.0	7.40MPH	10.000	1:19:06.0
				Lap 3	39:57.1	7.51MPH	15.000	1:59:03.1

2012 States Games XC

Age Group Detail

June 23, 2012

Sport Clydes

Male Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	JOSEPH LAMPEN	391	M/37	3		11.0MPH	15.000	1:22:03.0
				Lap 1	26:56.6	11.1MPH	5.000	26:56.6
				Lap 2	28:03.6	10.7MPH	10.000	55:00.2
				Lap 3	27:02.8	11.1MPH	15.000	1:22:03.0
2	EVANDRO FICANHA	389	M/25	3		10.2MPH	15.000	1:27:59.3
				Lap 1	28:41.3	10.5MPH	5.000	28:41.3
				Lap 2	29:46.2	10.1MPH	10.000	58:27.5
				Lap 3	29:31.8	10.2MPH	15.000	1:27:59.3
3	RALF SCHARNOWSKI	393	M/45	3		10.1MPH	15.000	1:29:18.3
				Lap 1	28:37.0	10.5MPH	5.000	28:37.0
				Lap 2	29:06.0	10.3MPH	10.000	57:43.0
				Lap 3	31:35.3	9.50MPH	15.000	1:29:18.3
4	TOM STONER	550	M/41	3		9.85MPH	15.000	1:31:23.1
				Lap 1	29:35.2	10.1MPH	5.000	29:35.2
				Lap 2	30:56.2	9.70MPH	10.000	1:00:31.4
				Lap 3	30:51.7	9.72MPH	15.000	1:31:23.1

5	ERIC SMITH	388	M/41	3	9.30MPH	15.000	1:36:47.2
				Lap 1	31:55.0	9.40MPH	5.000 31:55.0
				Lap 2	32:53.6	9.12MPH	10.000 1:04:48.6
				Lap 3	31:58.6	9.38MPH	15.000 1:36:47.2
6	STEVE COYKENDALL	549	M/33	3	9.15MPH	15.000	1:38:20.9
				Lap 1	30:59.4	9.68MPH	5.000 30:59.4
				Lap 2	33:53.2	8.85MPH	10.000 1:04:52.6
				Lap 3	33:28.3	8.96MPH	15.000 1:38:20.9
7	ERIC WESTRATE	394	M/42	3	8.81MPH	15.000	1:42:09.7
				Lap 1	32:51.5	9.13MPH	5.000 32:51.5
				Lap 2	35:08.8	8.54MPH	10.000 1:08:00.3
				Lap 3	34:09.4	8.78MPH	15.000 1:42:09.7
8	GARRY PURDY	392	M/39	3	8.50MPH	15.000	1:45:52.6
				Lap 1	30:56.4	9.70MPH	5.000 30:56.4
				Lap 2	36:13.6	8.28MPH	10.000 1:07:10.0
				Lap 3	38:42.6	7.75MPH	15.000 1:45:52.6
9	KEVIN VORAC	395	M/32	3	8.50MPH	15.000	1:45:53.9
				Lap 1	34:03.8	8.81MPH	5.000 34:03.8
				Lap 2	34:39.2	8.66MPH	10.000 1:08:43.0
				Lap 3	37:10.9	8.07MPH	15.000 1:45:53.9
10	DONALD KENNEDY	390	M/38	3	8.02MPH	15.000	1:52:14.8
				Lap 1	35:54.3	8.36MPH	5.000 35:54.3
				Lap 2	38:35.4	7.78MPH	10.000 1:14:29.7
				Lap 3	37:45.1	7.95MPH	15.000 1:52:14.8
11	BEN GAETH	565	M/32	2	8.86MPH	10.000	1:07:43.7
				Lap 1	33:00.5	9.09MPH	5.000 33:00.5
				Lap 2	34:43.2	8.64MPH	10.000 1:07:43.7
12	BEN KAPENGA	568	M/35	1	11.1MPH	5.000	27:03.4
				Lap 1	27:03.4	11.1MPH	5.000 27:03.4
13	DAVID HENDON	396	M/39	1	7.41MPH	5.000	40:28.1

Lap 1 40:28.1 7.41MPH 5.000 40:28.1

2012 States Games XC

Age Group Detail

June 23, 2012

Sport

Female 39 and under

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KATI KRIKKE	544	F/32	3		10.6MPH	15.000	1:25:00.0
				Lap 1	28:15.9	10.6MPH	5.000	28:15.9
				Lap 2	28:58.0	10.4MPH	10.000	57:13.9
				Lap 3	27:46.1	10.8MPH	15.000	1:25:00.0
2	KATIE TOMCZYK	486	F/29	3		9.53MPH	15.000	1:34:27.7
				Lap 1	31:12.2	9.62MPH	5.000	31:12.2
				Lap 2	30:29.8	9.84MPH	10.000	1:01:42.0
				Lap 3	32:45.7	9.16MPH	15.000	1:34:27.7
3	DANIELLE KROOSWYK	485	F/35	3		9.43MPH	15.000	1:35:24.8
				Lap 1	30:46.2	9.75MPH	5.000	30:46.2
				Lap 2	32:32.0	9.22MPH	10.000	1:03:18.2
				Lap 3	32:06.6	9.35MPH	15.000	1:35:24.8
4	STEPHANIE SAINSBURY	483	F/37	3		9.25MPH	15.000	1:37:19.1
				Lap 1	31:15.3	9.60MPH	5.000	31:15.3
				Lap 2	32:15.0	9.30MPH	10.000	1:03:30.3
				Lap 3	33:48.8	8.88MPH	15.000	1:37:19.1

5	KRISTIN VANDERARK	490	F/39	3	9.03MPH	15.000	1:39:38.9
				Lap 1	31:12.0	9.62MPH	5.000 31:12.0
				Lap 2	34:02.1	8.81MPH	10.000 1:05:14.1
				Lap 3	34:24.8	8.72MPH	15.000 1:39:38.9
6	MARI-MEGAN MOORE	484	F/26	3	8.85MPH	15.000	1:41:42.7
				Lap 1	32:00.0	9.38MPH	5.000 32:00.0
				Lap 2	34:15.9	8.76MPH	10.000 1:06:15.9
				Lap 3	35:26.8	8.47MPH	15.000 1:41:42.7
7	JENNIFER HOINKA	488	F/37	3	7.77MPH	15.000	1:55:49.6
				Lap 1	37:30.8	8.00MPH	5.000 37:30.8
				Lap 2	38:41.7	7.76MPH	10.000 1:16:12.5
				Lap 3	39:37.1	7.57MPH	15.000 1:55:49.6

Female 40 and over

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	TAMMY MORAN	567	F/42	3		9.36MPH	15.000	1:36:07.1
				Lap 1	32:10.2	9.33MPH	5.000 32:10.2	
				Lap 2	32:13.6	9.31MPH	10.000 1:04:23.8	
				Lap 3	31:43.3	9.46MPH	15.000 1:36:07.1	
2	BETH HALL	554	F/48	3		9.02MPH	15.000	1:39:50.8
				Lap 1	32:22.1	9.27MPH	5.000 32:22.1	
				Lap 2	33:28.0	8.96MPH	10.000 1:05:50.1	
				Lap 3	34:00.7	8.82MPH	15.000 1:39:50.8	
3	LANI KITTREDGE	482	F/47	3		9.01MPH	15.000	1:39:51.7
				Lap 1	32:18.8	9.29MPH	5.000 32:18.8	
				Lap 2	33:27.4	8.97MPH	10.000 1:05:46.2	
				Lap 3	34:05.5	8.80MPH	15.000 1:39:51.7	

Male 29 and under

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	ALEX TENELSHOF	402	M/22	3		11.6MPH	15.000	1:17:35.7
				Lap 1	25:05.0	12.0MPH	5.000	25:05.0
				Lap 2	26:02.9	11.5MPH	10.000	51:07.9
				Lap 3	26:27.8	11.3MPH	15.000	1:17:35.7
2	BRAD MEYER	548	M/27	3		11.5MPH	15.000	1:18:08.0
				Lap 1	25:13.2	11.9MPH	5.000	25:13.2
				Lap 2	26:28.1	11.3MPH	10.000	51:41.3
				Lap 3	26:26.7	11.3MPH	15.000	1:18:08.0
3	TODD ACE	405	M/24	3		11.4MPH	15.000	1:18:44.1
				Lap 1	25:44.3	11.7MPH	5.000	25:44.3
				Lap 2	26:47.8	11.2MPH	10.000	52:32.1
				Lap 3	26:12.0	11.5MPH	15.000	1:18:44.1
4	BEN WRIGHT	410	M/29	3		11.0MPH	15.000	1:21:46.6
				Lap 1	26:19.0	11.4MPH	5.000	26:19.0
				Lap 2	27:34.1	10.9MPH	10.000	53:53.1
				Lap 3	27:53.5	10.8MPH	15.000	1:21:46.6
5	KOHL VANBONN	408	M/21	3		11.0MPH	15.000	1:21:58.1
				Lap 1	27:00.2	11.1MPH	5.000	27:00.2
				Lap 2	27:42.0	10.8MPH	10.000	54:42.2
				Lap 3	27:15.9	11.0MPH	15.000	1:21:58.1
6	RYAN SEVERNS	555	M/29	3		10.8MPH	15.000	1:23:19.9
				Lap 1	26:53.8	11.2MPH	5.000	26:53.8
				Lap 2	25:49.2	11.6MPH	10.000	52:43.0
				Lap 3	30:36.9	9.80MPH	15.000	1:23:19.9
7	GRANT GOEMAN	409	M/26	3		10.7MPH	15.000	1:23:49.1
				Lap 1	26:52.8	11.2MPH	5.000	26:52.8

					Lap 2 28:21.8	10.6MPH	10.000	55:14.6
					Lap 3 28:34.5	10.5MPH	15.000	1:23:49.1
8	PATRICK LENNON	543	M/22	3	10.7MPH	15.000	1:24:09.3	
					Lap 1 26:54.6	11.2MPH	5.000	26:54.6
					Lap 2 28:40.8	10.5MPH	10.000	55:35.4
					Lap 3 28:33.9	10.5MPH	15.000	1:24:09.3
9	JEREMY BRADLEY	401	M/21	3	10.5MPH	15.000	1:25:30.9	
					Lap 1 27:31.5	10.9MPH	5.000	27:31.5
					Lap 2 29:15.4	10.3MPH	10.000	56:46.9
					Lap 3 28:44.0	10.4MPH	15.000	1:25:30.9
10	HARVEY ELLIOTT	556	M/26	3	10.5MPH	15.000	1:26:06.1	
					Lap 1 27:23.2	11.0MPH	5.000	27:23.2
					Lap 2 29:21.4	10.2MPH	10.000	56:44.6
					Lap 3 29:21.5	10.2MPH	15.000	1:26:06.1
11	ROBERT HUISKEN	399	M/21	3	10.4MPH	15.000	1:26:22.4	
					Lap 1 27:28.3	10.9MPH	5.000	27:28.3
					Lap 2 29:45.3	10.1MPH	10.000	57:13.6
					Lap 3 29:08.8	10.3MPH	15.000	1:26:22.4
12	JOHN BETIT	407	M/22	3	10.4MPH	15.000	1:26:52.2	
					Lap 1 27:56.2	10.7MPH	5.000	27:56.2
					Lap 2 29:21.0	10.2MPH	10.000	57:17.2
					Lap 3 29:35.0	10.1MPH	15.000	1:26:52.2
13	BRANDON OSBORNE	400	M/29	3	10.1MPH	15.000	1:28:42.9	
					Lap 1 27:09.3	11.0MPH	5.000	27:09.3
					Lap 2 29:22.1	10.2MPH	10.000	56:31.4
					Lap 3 32:11.5	9.32MPH	15.000	1:28:42.9
14	BEN MORRIS	412	M/28	3	10.1MPH	15.000	1:29:20.7	
					Lap 1 28:06.4	10.7MPH	5.000	28:06.4
					Lap 2 30:59.9	9.68MPH	10.000	59:06.3
					Lap 3 30:14.4	9.92MPH	15.000	1:29:20.7

15	SEAN TORREZ	403	M/27	3	9.83MPH	15.000	1:31:33.2
				Lap 1	30:43.3	9.77MPH	5.000 30:43.3
				Lap 2	30:33.1	9.82MPH	10.000 1:01:16.4
				Lap 3	30:16.8	9.91MPH	15.000 1:31:33.2
16	MATT KAMPS	397	M/27	3	9.54MPH	15.000	1:34:18.1
				Lap 1	29:02.2	10.3MPH	5.000 29:02.2
				Lap 2	32:27.3	9.24MPH	10.000 1:01:29.5
				Lap 3	32:48.6	9.15MPH	15.000 1:34:18.1
17	TOBI TUNGL	398	M/29	3	9.44MPH	15.000	1:35:22.2
				Lap 1	30:43.0	9.77MPH	5.000 30:43.0
				Lap 2	31:36.7	9.49MPH	10.000 1:02:19.7
				Lap 3	33:02.5	9.08MPH	15.000 1:35:22.2
18	JAMES BURNETT	553	M/18	3	8.51MPH	15.000	1:45:48.9
				Lap 1	32:20.5	9.28MPH	5.000 32:20.5
				Lap 2	32:49.5	9.14MPH	10.000 1:05:10.0
				Lap 3	40:38.9	7.38MPH	15.000 1:45:48.9
19	LUKE WRIGHT	564	M/28	3	8.05MPH	15.000	1:51:45.2
				Lap 1	35:45.7	8.39MPH	5.000 35:45.7
				Lap 2	37:40.4	7.96MPH	10.000 1:13:26.1
				Lap 3	38:19.1	7.83MPH	15.000 1:51:45.2
20	CHRISTOPHER SCHNEIDER	411	M/27	3	7.67MPH	15.000	1:57:16.1
				Lap 1	39:57.3	7.51MPH	5.000 39:57.3
				Lap 2	36:30.9	8.22MPH	10.000 1:16:28.2
				Lap 3	40:47.9	7.36MPH	15.000 1:57:16.1
21	CURT BRYAN	406	M/26	1	11.7MPH	5.000	25:42.3
				Lap 1	25:42.3	11.7MPH	5.000 25:42.3

Male 30 to 34

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	MATT ALCUMBRACK	418	M/33	3		11.9MPH	15.000	1:15:26.4
				Lap 1	24:43.4	12.1MPH	5.000	24:43.4
				Lap 2	24:47.3	12.1MPH	10.000	49:30.7
				Lap 3	25:55.7	11.6MPH	15.000	1:15:26.4
2	EVAN SMITH	414	M/33	3		11.1MPH	15.000	1:20:47.6
				Lap 1	26:00.8	11.5MPH	5.000	26:00.8
				Lap 2	27:08.7	11.1MPH	10.000	53:09.5
				Lap 3	27:38.1	10.9MPH	15.000	1:20:47.6
3	JASON ROHRAFF	415	M/32	3		10.6MPH	15.000	1:24:43.5
				Lap 1	28:00.8	10.7MPH	5.000	28:00.8
				Lap 2	28:23.3	10.6MPH	10.000	56:24.1
				Lap 3	28:19.4	10.6MPH	15.000	1:24:43.5
4	MATTHEW BARKLEY	541	M/30	3		10.6MPH	15.000	1:25:02.3
				Lap 1	27:50.2	10.8MPH	5.000	27:50.2
				Lap 2	28:39.1	10.5MPH	10.000	56:29.3
				Lap 3	28:33.0	10.5MPH	15.000	1:25:02.3
5	JASON HEATH	413	M/33	3		10.4MPH	15.000	1:26:15.9
				Lap 1	27:58.0	10.7MPH	5.000	27:58.0
				Lap 2	28:58.2	10.4MPH	10.000	56:56.2
				Lap 3	29:19.7	10.2MPH	15.000	1:26:15.9
6	SCOTT DENHERDER	416	M/33	3		10.0MPH	15.000	1:30:06.2
				Lap 1	28:48.8	10.4MPH	5.000	28:48.8
				Lap 2	30:06.0	10.0MPH	10.000	58:54.8
				Lap 3	31:11.4	9.62MPH	15.000	1:30:06.2
7	JASON BAILEN	539	M/33	3		9.74MPH	15.000	1:32:22.1
				Lap 1	28:48.3	10.4MPH	5.000	28:48.3
				Lap 2	33:01.3	9.09MPH	10.000	1:01:49.6
				Lap 3	30:32.5	9.83MPH	15.000	1:32:22.1
8	SAMUEL HAGLUND III	534	M/31	3		9.31MPH	15.000	1:36:38.9
				Lap 1	37:24.2	8.02MPH	5.000	37:24.2

Lap 2 29:31.7 10.2MPH 10.000 1:06:55.9
 Lap 3 29:43.0 10.1MPH 15.000 1:36:38.9

9 MICHAEL KLENK 417 M/33 3 8.96MPH 15.000 1:40:30.5
 Lap 1 32:07.0 9.34MPH 5.000 32:07.0
 Lap 2 34:08.0 8.79MPH 10.000 1:06:15.0
 Lap 3 34:15.5 8.76MPH 15.000 1:40:30.5

Male 35 to 39

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	ERIC HUNE	421	M/35	3		11.6MPH	15.000	1:17:49.1
				Lap 1	25:39.3	11.7MPH	5.000	25:39.3
				Lap 2	26:13.4	11.4MPH	10.000	51:52.7
				Lap 3	25:56.4	11.6MPH	15.000	1:17:49.1
2	JARETT SIMON	429	M/37	3		11.4MPH	15.000	1:18:39.3
				Lap 1	26:22.0	11.4MPH	5.000	26:22.0
				Lap 2	25:57.1	11.6MPH	10.000	52:19.1
				Lap 3	26:20.2	11.4MPH	15.000	1:18:39.3
3	TODD MEREDITH	427	M/39	3		11.3MPH	15.000	1:19:44.1
				Lap 1	26:22.6	11.4MPH	5.000	26:22.6
				Lap 2	26:25.3	11.4MPH	10.000	52:47.9
				Lap 3	26:56.2	11.1MPH	15.000	1:19:44.1
4	CRAIG ANIBLE	422	M/36	3		11.2MPH	15.000	1:20:43.6
				Lap 1	27:04.6	11.1MPH	5.000	27:04.6
				Lap 2	26:46.6	11.2MPH	10.000	53:51.2
				Lap 3	26:52.4	11.2MPH	15.000	1:20:43.6
5	MARCO PAGNI	425	M/35	3		11.0MPH	15.000	1:21:49.9
				Lap 1	26:47.1	11.2MPH	5.000	26:47.1
				Lap 2	27:41.8	10.8MPH	10.000	54:28.9
				Lap 3	27:21.0	11.0MPH	15.000	1:21:49.9

6	ERIC LANGLEY	424	M/35	3	11.0MPH	15.000	1:21:57.1
				Lap 1	27:02.1	11.1MPH	5.000 27:02.1
				Lap 2	27:41.1	10.8MPH	10.000 54:43.2
				Lap 3	27:13.9	11.0MPH	15.000 1:21:57.1
7	JOEL BIERLING	419	M/37	3	11.0MPH	15.000	1:22:08.2
				Lap 1	27:05.6	11.1MPH	5.000 27:05.6
				Lap 2	27:23.5	11.0MPH	10.000 54:29.1
				Lap 3	27:39.1	10.8MPH	15.000 1:22:08.2
8	RYAN ONDERSMA	538	M/35	3	11.0MPH	15.000	1:22:09.1
				Lap 1	27:05.9	11.1MPH	5.000 27:05.9
				Lap 2	27:40.6	10.8MPH	10.000 54:46.5
				Lap 3	27:22.6	11.0MPH	15.000 1:22:09.1
9	DAVID ESTEFAN	431	M/39	3	10.9MPH	15.000	1:22:37.2
				Lap 1	26:37.1	11.3MPH	5.000 26:37.1
				Lap 2	28:07.9	10.7MPH	10.000 54:45.0
				Lap 3	27:52.2	10.8MPH	15.000 1:22:37.2
10	ANDREW PEOT	430	M/37	3	10.8MPH	15.000	1:23:05.8
				Lap 1	27:02.1	11.1MPH	5.000 27:02.1
				Lap 2	27:46.6	10.8MPH	10.000 54:48.7
				Lap 3	28:17.1	10.6MPH	15.000 1:23:05.8
11	ROBERT GRIBBLE	426	M/39	3	10.8MPH	15.000	1:23:11.2
				Lap 1	27:00.2	11.1MPH	5.000 27:00.2
				Lap 2	27:47.5	10.8MPH	10.000 54:47.7
				Lap 3	28:23.5	10.6MPH	15.000 1:23:11.2
12	JEROME JOLY	428	M/36	3	10.7MPH	15.000	1:24:01.6
				Lap 1	27:29.2	10.9MPH	5.000 27:29.2
				Lap 2	28:13.8	10.6MPH	10.000 55:43.0
				Lap 3	28:18.6	10.6MPH	15.000 1:24:01.6
13	DAVID GEORGE	420	M/37	3	10.3MPH	15.000	1:27:16.1
				Lap 1	27:49.8	10.8MPH	5.000 27:49.8

				Lap 2	29:49.1	10.1MPH	10.000	57:38.9
				Lap 3	29:37.2	10.1MPH	15.000	1:27:16.1
14	DANIEL DILLBECK	423	M/39	3		9.72MPH	15.000	1:32:36.9
				Lap 1	29:25.3	10.2MPH	5.000	29:25.3
				Lap 2	31:37.6	9.49MPH	10.000	1:01:02.9
				Lap 3	31:34.0	9.50MPH	15.000	1:32:36.9
15	CRAIG SMITH	557	M/38	2		10.4MPH	10.000	57:50.2
				Lap 1	27:51.8	10.8MPH	5.000	27:51.8
				Lap 2	29:58.4	10.0MPH	10.000	57:50.2

Male 40 to 44

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	MARK PRUIM	436	M/40	3		11.7MPH	15.000	1:16:58.2
				Lap 1	25:18.1	11.9MPH	5.000	25:18.1
				Lap 2	26:01.2	11.5MPH	10.000	51:19.3
				Lap 3	25:38.9	11.7MPH	15.000	1:16:58.2
2	KEVIN STACEY	437	M/43	3		11.3MPH	15.000	1:19:29.2
				Lap 1	26:03.1	11.5MPH	5.000	26:03.1
				Lap 2	26:15.6	11.4MPH	10.000	52:18.7
				Lap 3	27:10.5	11.0MPH	15.000	1:19:29.2
3	KARL EMMERICH	433	M/40	3		11.1MPH	15.000	1:20:46.1
				Lap 1	26:31.6	11.3MPH	5.000	26:31.6
				Lap 2	27:15.7	11.0MPH	10.000	53:47.3
				Lap 3	26:58.8	11.1MPH	15.000	1:20:46.1
4	BRIAN SCHARP	441	M/44	3		11.0MPH	15.000	1:22:01.3
				Lap 1	26:31.0	11.3MPH	5.000	26:31.0
				Lap 2	27:54.9	10.8MPH	10.000	54:25.9
				Lap 3	27:35.4	10.9MPH	15.000	1:22:01.3

5	DOUG PEOT	571	M/40	3	10.9MPH	15.000	1:22:40.9
				Lap 1	26:55.8	11.1MPH	5.000 26:55.8
				Lap 2	27:50.3	10.8MPH	10.000 54:46.1
				Lap 3	27:54.8	10.8MPH	15.000 1:22:40.9
6	AARON BARTO	435	M/40	3	10.8MPH	15.000	1:23:00.4
				Lap 1	27:04.4	11.1MPH	5.000 27:04.4
				Lap 2	27:23.5	11.0MPH	10.000 54:27.9
				Lap 3	28:32.5	10.5MPH	15.000 1:23:00.4
7	TONY FERRIGAN	569	M/44	3	10.8MPH	15.000	1:23:06.9
				Lap 1	26:56.2	11.1MPH	5.000 26:56.2
				Lap 2	28:03.1	10.7MPH	10.000 54:59.3
				Lap 3	28:07.6	10.7MPH	15.000 1:23:06.9
8	CHRIS CLINE	440	M/41	3	10.7MPH	15.000	1:24:23.9
				Lap 1	27:09.1	11.0MPH	5.000 27:09.1
				Lap 2	28:29.1	10.5MPH	10.000 55:38.2
				Lap 3	28:45.7	10.4MPH	15.000 1:24:23.9
9	MATT MORROW	439	M/41	3	10.6MPH	15.000	1:24:39.1
				Lap 1	27:12.4	11.0MPH	5.000 27:12.4
				Lap 2	28:40.6	10.5MPH	10.000 55:53.0
				Lap 3	28:46.1	10.4MPH	15.000 1:24:39.1
10	STEVE INSLEY	443	M/41	3	10.5MPH	15.000	1:25:41.6
				Lap 1	27:08.0	11.1MPH	5.000 27:08.0
				Lap 2	28:49.2	10.4MPH	10.000 55:57.2
				Lap 3	29:44.4	10.1MPH	15.000 1:25:41.6
11	JOE PEPPLES	558	M/40	3	10.3MPH	15.000	1:27:46.1
				Lap 1	27:41.7	10.8MPH	5.000 27:41.7
				Lap 2	29:08.2	10.3MPH	10.000 56:49.9
				Lap 3	30:56.2	9.70MPH	15.000 1:27:46.1
12	JON LEHNER	442	M/44	3	10.2MPH	15.000	1:28:07.8
				Lap 1	27:13.0	11.0MPH	5.000 27:13.0
				Lap 2	29:51.8	10.1MPH	10.000 57:04.8

					Lap 3 31:03.0 9.66MPH 15.000 1:28:07.8
13	MARK IGNASIAK	446	M/44	3	9.63MPH 15.000 1:33:28.5
					Lap 1 29:43.0 10.1MPH 5.000 29:43.0
					Lap 2 32:10.9 9.33MPH 10.000 1:01:53.9
					Lap 3 31:34.6 9.50MPH 15.000 1:33:28.5
14	TIM BOCHENEK	561	M/41	3	9.43MPH 15.000 1:35:28.5
					Lap 1 29:21.8 10.2MPH 5.000 29:21.8
					Lap 2 32:30.8 9.23MPH 10.000 1:01:52.6
					Lap 3 33:35.9 8.93MPH 15.000 1:35:28.5
15	DAVID WILKES	445	M/43	3	9.36MPH 15.000 1:36:09.2
					Lap 1 29:24.5 10.2MPH 5.000 29:24.5
					Lap 2 33:59.6 8.83MPH 10.000 1:03:24.1
					Lap 3 32:45.1 9.16MPH 15.000 1:36:09.2
16	MATTHEW PARROTT	438	M/40	3	8.57MPH 15.000 1:45:03.4
					Lap 1 35:06.5 8.55MPH 5.000 35:06.5
					Lap 2 35:10.3 8.53MPH 10.000 1:10:16.8
					Lap 3 34:46.6 8.63MPH 15.000 1:45:03.4
17	MARK SMITH	444	M/42	3	8.39MPH 15.000 1:47:18.3
					Lap 1 33:20.9 9.00MPH 5.000 33:20.9
					Lap 2 36:21.3 8.25MPH 10.000 1:09:42.2
					Lap 3 37:36.1 7.98MPH 15.000 1:47:18.3
18	JOE STONER	552	M/43	2	10.5MPH 10.000 57:11.6
					Lap 1 29:57.6 10.0MPH 5.000 29:57.6
					Lap 2 27:14.0 11.0MPH 10.000 57:11.6
19	ERIC BAUMAN	434	M/43	1	11.1MPH 5.000 27:08.2
					Lap 1 27:08.2 11.1MPH 5.000 27:08.2
20	TERRY BOCHENEK	540	M/43	1	10.9MPH 5.000 27:33.2
					Lap 1 27:33.2 10.9MPH 5.000 27:33.2

Male 45 to 49

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	DON BOERSMA	460	M/46	3		11.1MPH	15.000	1:21:08.2
				Lap 1	26:20.3	11.4MPH	5.000	26:20.3
				Lap 2	27:26.0	10.9MPH	10.000	53:46.3
				Lap 3	27:21.9	11.0MPH	15.000	1:21:08.2
2	WILLIAM SHAVER	451	M/49	3		10.8MPH	15.000	1:23:41.4
				Lap 1	26:40.0	11.3MPH	5.000	26:40.0
				Lap 2	27:09.8	11.0MPH	10.000	53:49.8
				Lap 3	29:51.6	10.1MPH	15.000	1:23:41.4
3	TERRY ROTT	570	M/45	3		10.6MPH	15.000	1:24:34.3
				Lap 1	26:41.6	11.2MPH	5.000	26:41.6
				Lap 2	28:56.5	10.4MPH	10.000	55:38.1
				Lap 3	28:56.2	10.4MPH	15.000	1:24:34.3
4	BRIAN VANRHEE	455	M/49	3		10.6MPH	15.000	1:24:56.3
				Lap 1	27:46.4	10.8MPH	5.000	27:46.4
				Lap 2	28:24.0	10.6MPH	10.000	56:10.4
				Lap 3	28:45.9	10.4MPH	15.000	1:24:56.3
5	BOB LALLEY	461	M/48	3		10.3MPH	15.000	1:27:09.0
				Lap 1	27:45.1	10.8MPH	5.000	27:45.1
				Lap 2	29:25.2	10.2MPH	10.000	57:10.3
				Lap 3	29:58.7	10.0MPH	15.000	1:27:09.0
6	GARY SPENCER	453	M/49	3		10.2MPH	15.000	1:28:23.5
				Lap 1	28:19.3	10.6MPH	5.000	28:19.3
				Lap 2	29:49.0	10.1MPH	10.000	58:08.3
				Lap 3	30:15.2	9.92MPH	15.000	1:28:23.5
7	MICHAEL NIEMI	449	M/46	3		10.2MPH	15.000	1:28:26.0
				Lap 1	30:43.0	9.77MPH	5.000	30:43.0

					Lap 2 31:21.0 9.57MPH 10.000 1:02:04.0
					Lap 3 26:22.0 11.4MPH 15.000 1:28:26.0
8	KEN NELSON	456	M/45	3	10.0MPH 15.000 1:29:52.0
					Lap 1 28:56.1 10.4MPH 5.000 28:56.1
					Lap 2 30:10.4 9.9MPH 10.000 59:06.5
					Lap 3 30:45.5 9.76MPH 15.000 1:29:52.0
9	DOUG HELLAND	458	M/46	3	9.90MPH 15.000 1:30:55.1
					Lap 1 30:06.2 10.0MPH 5.000 30:06.2
					Lap 2 30:19.5 9.90MPH 10.000 1:00:25.7
					Lap 3 30:29.4 9.84MPH 15.000 1:30:55.1
10	TODD VANBONN	454	M/49	3	9.90MPH 15.000 1:30:57.0
					Lap 1 28:52.8 10.4MPH 5.000 28:52.8
					Lap 2 30:58.3 9.69MPH 10.000 59:51.1
					Lap 3 31:05.9 9.65MPH 15.000 1:30:57.0
11	SIMON TOTH	452	M/47	3	9.50MPH 15.000 1:34:46.5
					Lap 1 31:14.3 9.61MPH 5.000 31:14.3
					Lap 2 31:50.5 9.42MPH 10.000 1:03:04.8
					Lap 3 31:41.7 9.47MPH 15.000 1:34:46.5
12	ANDREW LAIRD	459	M/45	3	9.38MPH 15.000 1:35:56.3
					Lap 1 29:33.5 10.2MPH 5.000 29:33.5
					Lap 2 33:15.3 9.02MPH 10.000 1:02:48.8
					Lap 3 33:07.5 9.06MPH 15.000 1:35:56.3
13	TED RUYS	448	M/49	3	9.10MPH 15.000 1:38:53.9
					Lap 1 30:35.3 9.81MPH 5.000 30:35.3
					Lap 2 33:57.1 8.84MPH 10.000 1:04:32.4
					Lap 3 34:21.5 8.73MPH 15.000 1:38:53.9
14	NEAL NISWONGER	462	M/48	3	8.91MPH 15.000 1:40:58.4
					Lap 1 31:43.0 9.46MPH 5.000 31:43.0
					Lap 2 33:52.8 8.86MPH 10.000 1:05:35.8
					Lap 3 35:22.6 8.48MPH 15.000 1:40:58.4

15	DONALD WOOD	457	M/47	3	8.26MPH	15.000	1:48:54.2
				Lap 1	34:22.5	8.73MPH	5.000 34:22.5
				Lap 2	36:19.2	8.26MPH	10.000 1:10:41.7
				Lap 3	38:12.5	7.85MPH	15.000 1:48:54.2
16	SCOTT BURY	450	M/47	3	7.73MPH	15.000	1:56:27.0
				Lap 1	35:20.2	8.49MPH	5.000 35:20.2
				Lap 2	40:42.4	7.37MPH	10.000 1:16:02.6
				Lap 3	40:24.4	7.43MPH	15.000 1:56:27.0
17	KEVIN COYNE	464	M/49	3	7.41MPH	15.000	2:01:29.0
				Lap 1	37:15.4	8.05MPH	5.000 37:15.4
				Lap 2	40:22.3	7.43MPH	10.000 1:17:37.7
				Lap 3	43:51.3	6.84MPH	15.000 2:01:29.0

Male 50 to 59

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	RUGG FOLTZ	545	M/50	3		10.8MPH	15.000	1:23:31.1
				Lap 1	27:53.9	10.8MPH	5.000 27:53.9	
				Lap 2	27:40.3	10.8MPH	10.000 55:34.2	
				Lap 3	27:56.9	10.7MPH	15.000 1:23:31.1	
2	DEWAYNE DUSENDANG	473	M/52	3		10.7MPH	15.000	1:23:58.6
				Lap 1	27:19.3	11.0MPH	5.000 27:19.3	
				Lap 2	28:23.5	10.6MPH	10.000 55:42.8	
				Lap 3	28:15.8	10.6MPH	15.000 1:23:58.6	
3	RICHARD SCHARPHORN	477	M/55	3		10.6MPH	15.000	1:24:40.2
				Lap 1	27:18.2	11.0MPH	5.000 27:18.2	
				Lap 2	28:28.3	10.5MPH	10.000 55:46.5	
				Lap 3	28:53.7	10.4MPH	15.000 1:24:40.2	
4	MICHAEL BORUSZOK	475	M/52	3		10.5MPH	15.000	1:26:07.1
				Lap 1	27:53.0	10.8MPH	5.000 27:53.0	

					Lap 2 29:00.1	10.3MPH	10.000	56:53.1
					Lap 3 29:14.0	10.3MPH	15.000	1:26:07.1
5	NATHAN OLIVER	471	M/50	3	10.4MPH	15.000	1:26:18.9	
					Lap 1 29:04.7	10.3MPH	5.000	29:04.7
					Lap 2 28:17.9	10.6MPH	10.000	57:22.6
					Lap 3 28:56.3	10.4MPH	15.000	1:26:18.9
6	JEFF SCOFIELD	466	M/52	3	10.4MPH	15.000	1:26:22.4	
					Lap 1 27:51.2	10.8MPH	5.000	27:51.2
					Lap 2 29:28.9	10.2MPH	10.000	57:20.1
					Lap 3 29:02.3	10.3MPH	15.000	1:26:22.4
7	BRENT WALK	474	M/50	3	10.1MPH	15.000	1:28:50.7	
					Lap 1 28:42.0	10.5MPH	5.000	28:42.0
					Lap 2 30:32.2	9.83MPH	10.000	59:14.2
					Lap 3 29:36.5	10.1MPH	15.000	1:28:50.7
8	MICHAEL VREDENBURG	480	M/50	3	10.1MPH	15.000	1:29:25.0	
					Lap 1 23:54.3	12.6MPH	5.000	23:54.3
					Lap 2 34:04.2	8.81MPH	10.000	57:58.5
					Lap 3 31:26.5	9.54MPH	15.000	1:29:25.0
9	SCOTT DUTHIE	478	M/59	3	10.1MPH	15.000	1:29:33.1	
					Lap 1 29:22.7	10.2MPH	5.000	29:22.7
					Lap 2 30:14.8	9.92MPH	10.000	59:37.5
					Lap 3 29:55.6	10.0MPH	15.000	1:29:33.1
10	JOE SOVIS	479	M/53	3	9.84MPH	15.000	1:31:27.1	
					Lap 1 30:26.7	9.86MPH	5.000	30:26.7
					Lap 2 30:37.6	9.80MPH	10.000	1:01:04.3
					Lap 3 30:22.8	9.88MPH	15.000	1:31:27.1
11	BILL LINDHOUT	465	M/58	3	9.57MPH	15.000	1:34:00.1	
					Lap 1 30:14.8	9.92MPH	5.000	30:14.8
					Lap 2 31:10.4	9.63MPH	10.000	1:01:25.2
					Lap 3 32:34.9	9.21MPH	15.000	1:34:00.1

12	JOHN FALLON	472	M/53	3	9.38MPH	15.000	1:36:00.3
				Lap 1	30:03.0	10.0MPH	5.000 30:03.0
				Lap 2	32:28.7	9.24MPH	10.000 1:02:31.7
				Lap 3	33:28.6	8.96MPH	15.000 1:36:00.3
13	BOB RHOADES	537	M/52	3	9.35MPH	15.000	1:36:13.8
				Lap 1	30:44.0	9.76MPH	5.000 30:44.0
				Lap 2	32:23.6	9.26MPH	10.000 1:03:07.6
				Lap 3	33:06.2	9.06MPH	15.000 1:36:13.8
14	BOB KIDDER	470	M/56	3	9.33MPH	15.000	1:36:30.1
				Lap 1	31:37.8	9.49MPH	5.000 31:37.8
				Lap 2	32:11.5	9.32MPH	10.000 1:03:49.3
				Lap 3	32:40.8	9.18MPH	15.000 1:36:30.1
15	JOHN ZAZAKIS	467	M/51	3	8.45MPH	15.000	1:46:33.6
				Lap 1	34:49.3	8.62MPH	5.000 34:49.3
				Lap 2	34:56.6	8.59MPH	10.000 1:09:45.9
				Lap 3	36:47.7	8.16MPH	15.000 1:46:33.6
16	MICHAEL BEAUDOIN	469	M/56	1	9.92MPH	5.000	30:15.8
				Lap 1	30:15.8	9.92MPH	5.000 30:15.8

Male 60 and over

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	ALAN MOORE	551	M/63	3		10.2MPH	15.000	1:28:09.2
				Lap 1	30:02.2	10.0MPH	5.000	30:02.2
				Lap 2	29:28.4	10.2MPH	10.000	59:30.6
				Lap 3	28:38.6	10.5MPH	15.000	1:28:09.2
2	STEVE SMIGIEL	532	M/67	3		9.57MPH	15.000	1:34:00.8
				Lap 1	30:37.9	9.80MPH	5.000	30:37.9
				Lap 2	31:42.7	9.46MPH	10.000	1:02:20.6
				Lap 3	31:40.2	9.47MPH	15.000	1:34:00.8

3	RICHARD MAHN	536	M/63	3	8.63MPH	15.000	1:44:18.0
				Lap 1	36:04.6	8.32MPH	5.000 36:04.6
				Lap 2	34:51.3	8.61MPH	10.000 1:10:55.9
				Lap 3	33:22.1	8.99MPH	15.000 1:44:18.0
4	GARY TRAP	463	M/60	3	8.42MPH	15.000	1:46:57.6
				Lap 1	34:14.3	8.76MPH	5.000 34:14.3
				Lap 2	36:25.5	8.24MPH	10.000 1:10:39.8
				Lap 3	36:17.8	8.27MPH	15.000 1:46:57.6

2012 States Games XC

Age Group Detail

June 23, 2012

SS Sport/Beg

Female Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KAYLEN WILLIAMS	387	F/32	2		9.72MPH	10.000	1:01:42.2
				Lap 1	30:26.5	9.86MPH	5.000	30:26.5
				Lap 2	31:15.7	9.60MPH	10.000	1:01:42.2

Male Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KYLE MACDERMAID	380	M/28	2		11.4MPH	10.000	52:41.2
				Lap 1	26:19.0	11.4MPH	5.000	26:19.0
				Lap 2	26:22.2	11.4MPH	10.000	52:41.2
2	BYRNE JOHNSON	382	M/35	2		10.9MPH	10.000	55:00.8
				Lap 1	27:43.0	10.8MPH	5.000	27:43.0
				Lap 2	27:17.8	11.0MPH	10.000	55:00.8
3	DAVID WALTERS	384	M/43	2		10.8MPH	10.000	55:21.3
				Lap 1	27:41.2	10.8MPH	5.000	27:41.2
				Lap 2	27:40.1	10.8MPH	10.000	55:21.3

4	JEFF GILBERT	385	M/36	2	10.6MPH	10.000	56:24.3	
				Lap 1	27:52.7	10.8MPH	5.000	27:52.7
				Lap 2	28:31.6	10.5MPH	10.000	56:24.3
5	CHAD HUTCHISON	563	M/29	2	10.6MPH	10.000	56:24.9	
				Lap 1	27:18.4	11.0MPH	5.000	27:18.4
				Lap 2	29:06.5	10.3MPH	10.000	56:24.9
6	BILL HILL	386	M/34	2	9.85MPH	10.000	1:00:55.2	
				Lap 1	29:56.4	10.0MPH	5.000	29:56.4
				Lap 2	30:58.8	9.69MPH	10.000	1:00:55.2
7	BENJAMIN CLARK	383	M/36	2	9.78MPH	10.000	1:01:22.1	
				Lap 1	30:30.0	9.84MPH	5.000	30:30.0
				Lap 2	30:52.1	9.72MPH	10.000	1:01:22.1
8	COLIN DARLING	381	M/20	2	9.64MPH	10.000	1:02:16.2	
				Lap 1	30:57.6	9.69MPH	5.000	30:57.6
				Lap 2	31:18.6	9.58MPH	10.000	1:02:16.2
9	CHRIS VANEERDEN	572	M/39	2	8.90MPH	10.000	1:07:23.2	
				Lap 1	31:56.7	9.39MPH	5.000	31:56.7
				Lap 2	35:26.5	8.47MPH	10.000	1:07:23.2
10	KEVIN ANTER	529	M/44	1	10.8MPH	5.000	27:53.6	
				Lap 1	27:53.6	10.8MPH	5.000	27:53.6

2012 States Games XC

Age Group Detail

June 23, 2012

Beg Clydes

Male Open

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KENNETH STARK	250	M/36	2		10.0MPH	10.000	1:00:08.0
				Lap 1	28:52.7	10.4MPH	5.000	28:52.7
				Lap 2	31:15.3	9.60MPH	10.000	1:00:08.0
2	TIM LAMPEN	249	M/30	2		9.42MPH	10.000	1:03:42.2
				Lap 1	31:02.6	9.67MPH	5.000	31:02.6
				Lap 2	32:39.6	9.19MPH	10.000	1:03:42.2
3	JEREMY WASHEGESIC	252	M/32	2		8.78MPH	10.000	1:08:18.0
				Lap 1	32:17.3	9.29MPH	5.000	32:17.3
				Lap 2	36:00.7	8.33MPH	10.000	1:08:18.0
4	JONATHAN BOLENBAUGH	259	M/24	2		8.25MPH	10.000	1:12:46.0
				Lap 1	34:46.6	8.63MPH	5.000	34:46.6
				Lap 2	37:59.4	7.90MPH	10.000	1:12:46.0
5	TROY JOHANSSON	248	M/41	2		8.03MPH	10.000	1:14:43.7
				Lap 1	35:57.3	8.34MPH	5.000	35:57.3
				Lap 2	38:46.4	7.74MPH	10.000	1:14:43.7

6	JAMES CULLISON	251	M/44	2	7.84MPH	10.000	1:16:31.1
				Lap 1	36:32.1	8.21MPH	5.000 36:32.1
				Lap 2	39:59.0	7.50MPH	10.000 1:16:31.1
7	SCOTT TERRY	253	M/42	2	7.65MPH	10.000	1:18:23.0
				Lap 1	36:19.1	8.26MPH	5.000 36:19.1
				Lap 2	42:03.9	7.13MPH	10.000 1:18:23.0
8	GEORGE THOMAS	560	M/49	1	8.42MPH	5.000	35:37.1
				Lap 1	35:37.1	8.42MPH	5.000 35:37.1

2012 States Games XC

Age Group Detail

June 23, 2012

Beginner

Female 19 and over

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	JULIE ONDERSMA	573	F/34	2		9.34MPH	10.000	1:04:13.1
				Lap 1	31:14.6	9.61MPH	5.000	31:14.6
				Lap 2	32:58.5	9.10MPH	10.000	1:04:13.1
2	SHELLEY IRWIN	300	F/52	2		9.32MPH	10.000	1:04:23.0
				Lap 1	45:18.0	6.62MPH	5.000	45:18.0
				Lap 2	19:05.0	15.7MPH	10.000	1:04:23.0
3	MARIA HELWEG	574	F/39	2		9.30MPH	10.000	1:04:33.0
				Lap 1	34:56.4	8.59MPH	5.000	34:56.4
				Lap 2	29:36.6	10.1MPH	10.000	1:04:33.0
4	KELSEY VANBONN	302	F/24	1		4.16MPH	5.000	1:12:10.1
				Lap 1	1:12:10.1	4.16MPH	5.000	1:12:10.1

Male 19 to 29

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
-------	------	--------	------------	------	------	------	----------	------------

1	BEN MODIC	256	M/23	2	11.2MPH	10.000	53:27.1
				Lap 1	25:55.4	11.6MPH 5.000	25:55.4
				Lap 2	27:31.7	10.9MPH 10.000	53:27.1
2	ACHRIM TILLBROOKE	260	M/20	2	11.0MPH	10.000	54:24.5
				Lap 1	25:51.2	11.6MPH 5.000	25:51.2
				Lap 2	28:33.3	10.5MPH 10.000	54:24.5
3	BRYAN COLEMAN	255	M/26	2	10.9MPH	10.000	54:51.3
				Lap 1	26:14.0	11.4MPH 5.000	26:14.0
				Lap 2	28:37.3	10.5MPH 10.000	54:51.3
4	WAIGAN LIU	258	M/25	2	10.3MPH	10.000	58:22.1
				Lap 1	28:00.0	10.7MPH 5.000	28:00.0
				Lap 2	30:22.1	9.88MPH 10.000	58:22.1
5	BRETT HOBRLA	261	M/24	2	10.1MPH	10.000	59:38.8
				Lap 1	28:44.1	10.4MPH 5.000	28:44.1
				Lap 2	30:54.7	9.71MPH 10.000	59:38.8
6	DAVID BUSH	263	M/24	2	9.72MPH	10.000	1:01:44.2
				Lap 1	29:13.5	10.3MPH 5.000	29:13.5
				Lap 2	32:30.7	9.23MPH 10.000	1:01:44.2
7	ANDREW ELDRIDGE	257	M/23	2	9.18MPH	10.000	1:05:21.8
				Lap 1	31:02.8	9.67MPH 5.000	31:02.8
				Lap 2	34:19.0	8.74MPH 10.000	1:05:21.8
8	KEVIN BICE	262	M/28	2	8.05MPH	10.000	1:14:33.2
				Lap 1	37:25.1	8.02MPH 5.000	37:25.1
				Lap 2	37:08.1	8.08MPH 10.000	1:14:33.2

Male 30 to 39

Place Name Bib No Gender/Age Laps Time Pace Distance Total Time

1	NICK TEUNESSEN	278	M/38	2	11.5MPH	10.000	52:08.8	
				Lap 1	25:05.5	12.0MPH	5.000	25:05.5
				Lap 2	27:03.3	11.1MPH	10.000	52:08.8
2	DAVID CORNSTUBBLE	274	M/36	2	11.2MPH	10.000	53:33.0	
				Lap 1	25:59.2	11.5MPH	5.000	25:59.2
				Lap 2	27:33.8	10.9MPH	10.000	53:33.0
3	JESSE NOTEBOOM	272	M/32	2	11.1MPH	10.000	54:03.0	
				Lap 1	26:34.9	11.3MPH	5.000	26:34.9
				Lap 2	27:28.1	10.9MPH	10.000	54:03.0
4	ISAAC TREVINO	264	M/34	2	10.6MPH	10.000	56:24.3	
				Lap 1	26:50.8	11.2MPH	5.000	26:50.8
				Lap 2	29:33.5	10.2MPH	10.000	56:24.3
5	JASON WIER	268	M/32	2	10.4MPH	10.000	57:38.1	
				Lap 1	27:42.9	10.8MPH	5.000	27:42.9
				Lap 2	29:55.2	10.0MPH	10.000	57:38.1
6	JON STEIN	277	M/33	2	10.0MPH	10.000	59:52.0	
				Lap 1	29:53.6	10.0MPH	5.000	29:53.6
				Lap 2	29:58.4	10.0MPH	10.000	59:52.0
7	TIM SPAHR	276	M/36	2	9.87MPH	10.000	1:00:49.3	
				Lap 1	29:31.7	10.2MPH	5.000	29:31.7
				Lap 2	31:17.6	9.59MPH	10.000	1:00:49.3
8	MARC FEENSTRA	267	M/38	2	9.69MPH	10.000	1:01:54.9	
				Lap 1	30:25.7	9.86MPH	5.000	30:25.7
				Lap 2	31:29.2	9.53MPH	10.000	1:01:54.9
9	JEREMY CADARET	273	M/39	2	9.49MPH	10.000	1:03:12.0	
				Lap 1	30:01.0	10.0MPH	5.000	30:01.0
				Lap 2	33:11.0	9.04MPH	10.000	1:03:12.0
10	AARON VAN DRIE	275	M/37	2	9.40MPH	10.000	1:03:49.3	
				Lap 1	31:30.2	9.52MPH	5.000	31:30.2

				Lap 2	32:19.1	9.28MPH	10.000	1:03:49.3
11	ANDREW RILEY	269	M/36	2		9.06MPH	10.000	1:06:15.2
				Lap 1	34:17.6	8.75MPH	5.000	34:17.6
				Lap 2	31:57.6	9.39MPH	10.000	1:06:15.2
12	SERGUEI AKSENOV	270	M/34	2		8.92MPH	10.000	1:07:17.3
				Lap 1	32:29.0	9.24MPH	5.000	32:29.0
				Lap 2	34:48.3	8.62MPH	10.000	1:07:17.3
13	MIKE BAZUIN	279	M/34	2		8.79MPH	10.000	1:08:14.5
				Lap 1	32:30.2	9.23MPH	5.000	32:30.2
				Lap 2	35:44.3	8.40MPH	10.000	1:08:14.5
14	NICK ROBBINS	271	M/30	2		5.77MPH	10.000	1:43:54.1
				Lap 1	52:06.9	5.76MPH	5.000	52:06.9
				Lap 2	51:47.2	5.79MPH	10.000	1:43:54.1
15	ANDREW CROWLEY	266	M/30	1		4.21MPH	5.000	1:11:19.4
				Lap 1	1:11:19.4	4.21MPH	5.000	1:11:19.4

Male 40 to 49

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	MATTHEW SMITH	281	M/43	2		11.2MPH	10.000	53:25.7
				Lap 1	26:34.0	11.3MPH	5.000	26:34.0
				Lap 2	26:51.7	11.2MPH	10.000	53:25.7
2	MR. SMALLY	547	M/40	2		10.8MPH	10.000	55:48.0
				Lap 1	30:43.0	9.77MPH	5.000	30:43.0
				Lap 2	25:05.0	12.0MPH	10.000	55:48.0
3	MICHAEL CLARK	285	M/41	2		10.5MPH	10.000	57:20.5
				Lap 1	28:19.1	10.6MPH	5.000	28:19.1
				Lap 2	29:01.4	10.3MPH	10.000	57:20.5

4	JAMES MARTIN	280	M/43	2	10.4MPH	10.000	57:39.8	
				Lap 1	29:07.9	10.3MPH	5.000	29:07.9
				Lap 2	28:31.9	10.5MPH	10.000	57:39.8
5	CHUCK TRUEX	287	M/41	2	10.0MPH	10.000	1:00:04.1	
				Lap 1	29:02.1	10.3MPH	5.000	29:02.1
				Lap 2	31:02.0	9.67MPH	10.000	1:00:04.1
6	ANTHONY PAWLAK	283	M/47	2	9.9MPH	10.000	1:00:19.2	
				Lap 1	29:20.7	10.2MPH	5.000	29:20.7
				Lap 2	30:58.5	9.69MPH	10.000	1:00:19.2
7	JEFF VAN DER MEULEN	282	M/44	2	9.90MPH	10.000	1:00:36.0	
				Lap 1	29:55.2	10.0MPH	5.000	29:55.2
				Lap 2	30:40.8	9.78MPH	10.000	1:00:36.0
8	JASON WARDEN	289	M/41	2	9.74MPH	10.000	1:01:35.2	
				Lap 1	30:00.8	10.0MPH	5.000	30:00.8
				Lap 2	31:34.4	9.50MPH	10.000	1:01:35.2
9	SCOTT ZYLSTRA	288	M/43	2	9.29MPH	10.000	1:04:34.6	
				Lap 1	31:23.6	9.56MPH	5.000	31:23.6
				Lap 2	33:11.0	9.04MPH	10.000	1:04:34.6
10	ROBERT WRIGHT	284	M/48	2	9.14MPH	10.000	1:05:37.8	
				Lap 1	31:29.0	9.53MPH	5.000	31:29.0
				Lap 2	34:08.8	8.79MPH	10.000	1:05:37.8
11	ROBERT BENNETT	290	M/47	2	8.80MPH	10.000	1:08:11.3	
				Lap 1	32:57.1	9.10MPH	5.000	32:57.1
				Lap 2	35:14.2	8.51MPH	10.000	1:08:11.3
12	SAM TAYLOR	286	M/40	2	8.53MPH	10.000	1:10:18.8	
				Lap 1	33:24.2	8.98MPH	5.000	33:24.2
				Lap 2	36:54.6	8.13MPH	10.000	1:10:18.8

Male 50 and over

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	ROBERT RODRIGUEZ	291	M/50	2		10.4MPH	10.000	57:57.3
				Lap 1	28:29.0	10.5MPH	5.000	28:29.0
				Lap 2	29:28.3	10.2MPH	10.000	57:57.3
2	ROB DANIELS	296	M/57	2		9.93MPH	10.000	1:00:24.3
				Lap 1	30:21.2	9.88MPH	5.000	30:21.2
				Lap 2	30:03.1	10.0MPH	10.000	1:00:24.3
3	GEORGE YOUNG	294	M/52	2		9.75MPH	10.000	1:01:33.0
				Lap 1	30:26.0	9.86MPH	5.000	30:26.0
				Lap 2	31:07.0	9.64MPH	10.000	1:01:33.0
4	MALCOLM FOX	298	M/58	2		9.25MPH	10.000	1:04:51.9
				Lap 1	31:36.4	9.49MPH	5.000	31:36.4
				Lap 2	33:15.5	9.02MPH	10.000	1:04:51.9
5	KURT SHIELDS	292	M/53	2		8.73MPH	10.000	1:08:44.8
				Lap 1	33:48.6	8.88MPH	5.000	33:48.6
				Lap 2	34:56.2	8.59MPH	10.000	1:08:44.8
6	BILL NORMAN	297	M/57	2		8.59MPH	10.000	1:09:50.6
				Lap 1	34:03.8	8.81MPH	5.000	34:03.8
				Lap 2	35:46.8	8.39MPH	10.000	1:09:50.6
7	CURTIS BISHOP	293	M/60	2		8.01MPH	10.000	1:14:53.8
				Lap 1	36:03.5	8.32MPH	5.000	36:03.5
				Lap 2	38:50.3	7.73MPH	10.000	1:14:53.8
8	ANTHONY SEBASTIAN	525	M/51	1		6.83MPH	5.000	43:57.2
				Lap 1	43:57.2	6.83MPH	5.000	43:57.2

2012 States Games XC

Age Group Detail

June 23, 2012

Varsity 15-18

Male 15 to 18

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KEEGAN KORIENEK	504	M/13	2		10.7MPH	10.000	55:58.9
				Lap 1	27:25.3	10.9MPH	5.000	27:25.3
				Lap 2	28:33.6	10.5MPH	10.000	55:58.9
2	TREVER KINGSBURY	559	M/16	2		9.90MPH	10.000	1:00:35.5
				Lap 1	29:09.1	10.3MPH	5.000	29:09.1
				Lap 2	31:26.4	9.54MPH	10.000	1:00:35.5
3	AARON REIGLER	542	M/15	2		9.51MPH	10.000	1:03:05.5
				Lap 1	29:28.8	10.2MPH	5.000	29:28.8
				Lap 2	33:36.7	8.93MPH	10.000	1:03:05.5
4	DYLAN GONDA	494	M/17	2		8.98MPH	10.000	1:06:50.5
				Lap 1	31:29.3	9.53MPH	5.000	31:29.3
				Lap 2	35:21.2	8.49MPH	10.000	1:06:50.5

2012 States Games XC

Age Group Detail

June 23, 2012

Mid/Jun High 11-14

Female 11 to 14

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	SUMMER GILBERT	373	F/11	1		8.36MPH	5.000	35:52.0
				Lap 1	35:52.0	8.36MPH	5.000	35:52.0
2	GABRIELLE LENTING	372	F/13	1		6.27MPH	5.000	47:53.6
				Lap 1	47:53.6	6.27MPH	5.000	47:53.6
3	SARAH GONDA	361	F/14	1		6.26MPH	5.000	47:54.1
				Lap 1	47:54.1	6.26MPH	5.000	47:54.1

Male 11 to 14

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	JEREMY RUYS	367	M/10	1		10.3MPH	5.000	29:05.2
				Lap 1	29:05.2	10.3MPH	5.000	29:05.2
2	JUSTIN KREGER	368	M/13	1		9.94MPH	5.000	30:11.3
				Lap 1	30:11.3	9.94MPH	5.000	30:11.3

3	PARKER PAPERNEC	566	M/12	1	9.92MPH	5.000	30:14.4
				Lap 1	30:14.4	9.92MPH	5.000 30:14.4
4	REED VANDERLUGT	576	M/11	1	9.74MPH	5.000	30:48.7
				Lap 1	30:48.7	9.74MPH	5.000 30:48.7
5	ALEC VANDERLUGT	577	M/12	1	9.40MPH	5.000	31:54.8
				Lap 1	31:54.8	9.40MPH	5.000 31:54.8
6	CHRISTIAN HARRIS	506	M/13	1	9.26MPH	5.000	32:24.0
				Lap 1	32:24.0	9.26MPH	5.000 32:24.0
7	TAIYO ICHIKAWA	369	M/13	1	8.82MPH	5.000	34:00.9
				Lap 1	34:00.9	8.82MPH	5.000 34:00.9
8	NIKO SCHARNOWSKI	370	M/12	1	8.70MPH	5.000	34:29.5
				Lap 1	34:29.5	8.70MPH	5.000 34:29.5
9	TREVOR RUYS	366	M/12	1	8.51MPH	5.000	35:16.3
				Lap 1	35:16.3	8.51MPH	5.000 35:16.3
10	WYATT MITZEL	359	M/14	1	6.72MPH	5.000	44:39.8
				Lap 1	44:39.8	6.72MPH	5.000 44:39.8
11	EVAN GROENEWEG	362	M/11	1	5.19MPH	5.000	57:45.2
				Lap 1	57:45.2	5.19MPH	5.000 57:45.2

2012 States Games XC

Age Group Detail

June 23, 2012

Beginner 10 and under

Female 10 and under

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	KIERSEN KORIENEK	575	F/10	1		7.47MPH	5.000	40:10.7
				Lap 1	40:10.7	7.47MPH	5.000	40:10.7
2	AVERY EVANS	254	F/ 9	1		6.71MPH	5.000	44:43.0
				Lap 1	44:43.0	6.71MPH	5.000	44:43.0

Male 10 and under

Place	Name	Bib No	Gender/Age	Laps	Time	Pace	Distance	Total Time
1	JACK SMALLEY	546	M/ 9	1		9.58MPH	5.000	31:19.3
				Lap 1	31:19.3	9.58MPH	5.000	31:19.3
2	HUNTER MCGRAW	247	M/ 8	1		8.13MPH	5.000	36:55.0
				Lap 1	36:55.0	8.13MPH	5.000	36:55.0